

Tips for prevention of COVID-19

Are you in contact with anyone at higher risk? Follow these important tips.



Sleep in separate beds if possible.



If possible, use different toilets and disinfect it with bleach (for every 1 liter of water, 20 ml of bleach).



Do not share towels, cutlery or cups.



Daily clean and disinfect frequently touched surfaces (switches, tables, backrests, handles, etc.).



Wash clothes, bed sheets and towels more often.



Sleeping in separate rooms is also important, if possible.



Keep the bedrooms and other rooms ventilated.

All of this will soon pass.